

APOSTOLIC CARMEL GENERALATE, INDIA

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My Dear Sisters,

We are already aware of the seriousness of the situation in our country today. The COVID -19 pandemic has wrought havoc in our land and people are dying by the thousands with no facilities of ventilators, or oxygen or beds in hospitals.

Quite a few of our sisters have also been affected by the virus. At this juncture, I would request you to be in close communion with the Lord, praying for our suffering people and being messengers of hope. Please see that our own sisters and our helpers are given the proper care if they have contracted the virus and every sister and worker/staff persuaded to take care of their own health by following all protocols – always wearing of masks, washing hands, maintaining social distance etc., even in the convent. Let us act as responsible citizens.

If someone is showing signs of illness – fever, headache, body pain, please isolate the person and see that the COVID test is done at the earliest. If tested positive, quarantine is a must for all those who had primary contact with the person.

Proper exercise, inhalation, and home-made decoction to build immunity are a must daily to improve health and fight against the virus.

It is of utmost importance to avoid going out unnecessarily, like visiting homes, attending functions, and coming in close contact with outsiders. The virus is spreading fast and dangerously and so it is necessary that the young and old take precaution and stay healthy.

Let us take our broken world to our Eucharistic Lord everyday and pray for the safety of all.

Praying for all of you and request your prayers for us too.

M. Nirmalini A.C.
Superior General